

**LA MON**  
HOTEL & COUNTRY CLUB  
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We Support Local Produce

Below are our Local Supplier's & Great Taste Award Winning Products  
List: Carnbrooke Butchers, Elmore Seafoods, North Down Group, Comber  
New Potatoes, Ballylisk Dairies Cheese and  
Dale Farm Ice Cream.

Dietary options are available. For more information please speak to a manager.  
Allergen codes: 1.Celery 2.Gluten 3.Crustaceans 4.Eggs 5.Fish 6.Lupin 7.Milk  
8.Molluscs 9.Mustard 10.Nuts 11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites.  
(MC: May Contain)

**STARTERS**

<b>CHEFS SOUP OF THE DAY</b>	£7.00
Freshly Baked Bread (1,2,4,7,10,12,13,14)	
<b>LA MON CLASSIC PRAWN COCKTAIL</b>	£8.95
Prawns, Iceberg Lettuce, Tomato Brandy Cocktail Sauce, Wheaten Bread (2,3,4,7,9,14)	
<b>GOATS CHEESE TART</b>	£8.50
Salt-baked Beetroot, Honey Goats' Cheese Candied Walnuts, Rocket (2,4,7,10,14)	
<b>CLASSIC CAESAR SALAD</b>	£8.00
Baby Gem, Bacon Lardons, Garlic Croutons, Parmesan Cheese (2,4,5,7,9,13)	(Add Chicken £2.00)
<b>CHICKEN LIVER PATE</b>	£8.50
Toasted Brioche, Smoked Salted Black Truffle Butter (2,4,7,14)	
<b>CAULIFLOWER WINGS (V)</b>	£8.00
Rocket, Sweet Chilli, Satay, Toasted Sesame Seeds (1,2,10,11,12,14)	

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**MAIN COURSE**

**CHICKEN SUPREME** £18.50  
Saute Comber Potatoes, Greens,  
Creamy Leek, Mushroom and Bacon Sauce (7,14)

**CATCH OF THE DAY** £21.95  
See Specials for Today's Options (2,7)

**CARNBROOKE 8 HOUR SLOW COOKED FEATHER BLADE OF BEEF** £18.95  
Nutmeg Roast Celeriac, Smoked Mash, Parsnip,  
Black Kale and Red Wine Jus  
(1,7,9,10,14)

**6OZ CARNBROOKE BEEF BURGER** £17.95  
Smoked Applewood Cheddar, Tomato, Baby Gem,  
Ballymaloe Relish, Brioche Bun, Skin on Fries (2,6,7,14)  
ADD BACON OR ONION RING £1.95 PER ITEM

**CLASSIC FISH & CHIPS** £18.50  
Garden Peas, Chunky Chips, Tartare Sauce  
(2,5,7,9,14)

**10 OZ SIRLOIN STEAK** £34.00  
Triple Cooked Chips, Tomato, Onion Ring and  
Peppercorn Sauce (2,7,13,14)  
SUPPLEMENT £10.00

**KING PRAWN LINGUINE** £16.50  
Roast Red Pepper & Chilli Butter Sauce (2,3,7,14)

**ROASTED ROOT VEGETABLE AND MUSHROOM WELLINGTON (V)** £15.50  
Tomato Concasse, Saute Comber Potatoes (2,7,14)

**SIDES £5.00**

Market Vegetables (7), Tossed Salad (9, 14), Skin On Fries (7), Champ (7), Onion Rings (2), Triple Cooked Chips (14), Garlic Bread (2,4), Garden Peas (7), Creamy Mash (7), Sauté Mushrooms (7)

**SAUCES £2.50**

Coleslaw (4,7,9) | Pepper Sauce (1,7,14) | Gravy (1,14)

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**SANDWICHES**

<b>TUNA, RED ONION &amp; MAYONNAISE</b> (2,4,5,7,9,13)	£8.50
<b>GIVANS HAM &amp; SALAD</b> (2,4,7,9,13,14) MC (10)	£8.50
<b>EGG &amp; SPRING ONION</b> (2,4,7,9,13) MC (10)	£8.50
<b>PRAWN OPEN SANDWICH</b> Salad, Marie Rose Sauce, Irish Stout Wheaten Bread (1,2,3,4,5,7,9,14)	£14.95

**PANINIS**

<b>GOATS CHEESE, ROASTED RED PEPPER, BASIL PESTO &amp; ROCKET</b> (2,7) MC (4,6,12)	£9.50
<b>BRIE, RED ONION RELISH, CURED PARMA HAM</b> (2,7) MC (4,6,12)	£9.50

**DESSERTS**

<b>LA MON'S ETON MESS</b> Fresh Cream, Meringue, Strawberries (4,7,14)	£7.50
<b>CHEESECAKE OF THE DAY</b> Honeycomb Ice Cream (2,7,14)	£7.50
<b>WARM CHOCOLATE PUDDING</b> Vanilla Ice Cream (2,4,7,13)	£7.50
<b>IRISH ARTISAN CHEESE AND BISCUITS</b> Seasonal Irish Cheese Selection, Apple Chutney & Oat Biscuits (1,2,7,9, 12,13,14) MC (10)	£9.95 SUPPLEMENT £2.00